



SHERWOOD FARM

ENGLISH COUNTRY LIVING

Holiday Camps - Summer 2021	5 day camp	Participants - 10	Location – Sherwood Farm
<p>The aim of the camp is for all participants to</p> <ul style="list-style-type: none"> - gain confidence in English communication - gain an understanding of nature and our surroundings - gain an awareness of some components linked to a healthy balanced lifestyle, through exercise and nutrition - become more independent thinkers and problem solvers - try something new - HAVE FUN!!!! 			

* all times and content are approximate and subject to change. Educational activities will be tailored to suit the needs of each group. Participants are also expected to help serve and tidy up after lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00 – 10.00	Welcoming of camp visitors. Tour of Sherwood Farm. Introductions and welcome games.	Morning exercise	Morning exercise	Morning exercise	Morning exercise
10.30 – 11.00	Snack	Snack and free play	Snack and free play	Snack and free play	Groups plan and prepare lunch for all participants
11.00 – 12.30	Group cooperation and team building task	Forest Educational activity	Forest Educational activity	Forest Educational activity	
12.30 – 14.00	Lunch Free play in the garden	Lunch Free play in the garden	Lunch Free play in the garden	Lunch Free play in the garden	13.00 - End of camp
14.00 – 15.30	Educational activity Barn workshop -woodwork activity Participants choose a craft to work on over the course of the week	Educational activity Barn workshop -woodwork activity Participants continue chosen craft	Educational activity Barn workshop -woodwork activity Participants continue chosen craft	Cooking workshop at the outdoor kitchen. Groups to plan the final lunch on Friday	
15.30 – 16.00	Review of day Story time Meditation Goodbye	Review of day Story time Meditation Goodbye	Review of day Story time Meditation Goodbye	Review of day Story time Meditation Goodbye	